

CURRICULUM VITAE

STEPHANIE BROWN, Ph.D.
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The Addictions Institute
445 Burgess Drive, Suite150
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EDUCATION

		Major	Degree
1962-1963	Northwestern University Evanston, Illinois	Speech & Drama	
1964-1966	University of California Berkeley, California	Political Science	B.S.
1971-1974	California State University San Jose, California	Clinical Psychology	M.S.
1974-1977	California School of Pro- fessional Psychology San Francisco, California	Clinical Psychology	Ph.D.

Master's Thesis: "Personality Characteristics of the Teen-age Daughters of Male Alcoholics."

Doctoral Dissertation: "Defining A Continuum of Recovery in Alcoholism."

Supplemental training: Group Therapies, Masters and Johnson Training Courses for Sexual Dysfunction

LICENSE CERTIFICATION

Licensed psychologist, California, 1980; License #PSY 6851
Marriage, Family and Child Counselor, California, 1976; License # 9070

PROFESSIONAL EXPERIENCE

Core Positions:

- 1989-present *The Addictions Institute, Menlo Park California. Founder and Director*
Private Psychotherapy Practice
Research Associate: Mental Research Institute (1989 – 2000)
Mayflower Residential Treatment Center, Marin County, CA (2005-2008 – Director of Family Treatment Program
Alliant International University, California School of Professional Psychology, San Francisco; Consulting Director, The Addictions Institute (2006—2008)
Lecturer, Author, Independent Scholar
- 1987-1988: Merritt Peralta Institute, Oakland, CA Director of Family Research
- 1985-1987: Institute for Research on Women and Gender, Stanford University. Affiliated Scholar
- 1985-1987: Stanford Alcohol Clinic, Stanford, Program Consultant

- 1977-1985: *Stanford Alcohol Clinic, Department of Psychiatry, Stanford University School of Medicine. Founder and Director.*
- 1972-1975: Department of Psychiatry, Stanford University School of Medicine. Research Associate and Psychotherapist. NIAAA grant to study group psychotherapy with Irwin D. Yalom, M.D.
- 1969-1970: Baumeister and Dole, Palo Alto. Research Analyst. Prepared, Implemented and Analyzed Market Research.
- 1968-1969: Stanford Research Institute (now SRI), Menlo Park, CA. Research Assistant, Economic and Social Division, Long Range Planning Service. Forecasting social and Economic Trends.
- 1966-1968: Koratron Company, San Francisco and New York. Advertising Representative, Retail Promotion.

Consulting Positions:

- 1989-2002 State of California Diversion Program for Impaired Physicians.
Affiliate: Psychotherapy Research Group, San Francisco
- 1989-1992 Suzanne Somers Institute
The Couples Institute
- 1988-1989 Merritt Peralta Institute, O'Connor Hospital
- 1986 Kids Are Special, San Jose
- 1984-1987 O'Connor Hospital Chemical Dependence Program, San Jose, California.
- 1978-1980 Monte Villa Hospital, Morgan Hill, California.

TEACHING EXPERIENCE

- 1984-present Professional training; Individual and group consultation and lecture. International.
- 1984-1985 Stanford University School of Medicine, Department of Psychiatry, Stanford. Research Associate.
- 1980-1984 Stanford University Medical School, Department of Psychiatry, Stanford. Acting Assistant Professor. Individual and group supervision, weekly case conference, annual course in alcoholism.
- 1977-1980 Stanford University Medical School, Department of Psychiatry, Stanford. Clinical Assistant Professor. Individual supervision, annual course for residents in adult and child psychiatry.
- 1975-1978 California School of Professional Psychology, San Francisco and Berkeley. Faculty Instructor. Alcoholism case supervision seminar and clinical seminars in alcoholism.

- 1974-present: Bay Area Alcohol Treatment Centers. In-service training and consultation. Lectures, supervision, case discussion.
- 1973-1976 California State University, San Jose. Teaching Assistant: clinical psychology, projective techniques. Instructor: clinical aspects of alcoholism, special problems in therapy with alcoholics.

RESEARCH EXPERIENCE

Alcoholism: group psychotherapy, children and adult children of alcoholics, the recovery process in addiction, clinical evaluation and treatment, Alcoholics Anonymous, the gap between addiction and traditional therapists, the alcoholic family; the alcoholic family in recovery, transformational change, Cultural addiction to speed

Group Psychotherapy: Infant, children, adolescent, and adult groups.

PROFESSIONAL AFFILIATIONS (current; see original on website for comprehensive list)

American Psychological Association
 California Association of Marriage and Family Therapists
National Association for Children of Alcoholics: Founding Member, Advisory Board
 American Academy of Health Care Providers in the Addictive Disorders: Advisory Board
 Council of Fellows: California Association of Drug and Alcoholism Counselors

HONORS

Northwestern University: Most Outstanding Freshman
 University of California, Berkeley: Deans' List, Pi Sigma Alpha
 Department of Psychiatry, Stanford University: Outstanding Clinical Faculty Instructor, 1980
 National Council on Alcoholism: Bronze Key Award, March 1983
 KABL Radio Station, San Francisco: Citizen of the Day, June 8, 1983
 National Council on Alcoholism: Humanitarian Award, August 1984
 Who's Who In California
 Who's Who In The West
 Who's Who In American Women
 Dictionary of International Biography
 The World Who's Who of Women
 International Who's Who of Professional and Business Women
 California Society for the Treatment of Alcoholism and other Drug Dependencies, Los Angeles:
 Community Service Award, March 1986
 The Stephanie Brown and Susan Beletsis Fund: Endowed trust given to Stanford University, 1989
 The Frank Brennan Award, March 1995
 Master Lecturer: California Psychological Association, March, 1999.
 The Norman Zinberg Memorial Award and Lecture, Harvard University, March 2000.
 The Clark Vincent Award, California Association of Marriage & Family Therapists, 2001.
 The Community Service Award. Women's Recovery Association, April, 2003
 The Janet Geringer Woititz Award for Outstanding Contributions to Our Understanding of Issues Related to Adult Children of Alcoholics. Presented by Health Communications, Inc. Las Vegas, Feb., 2005
 Constellation Behavioral Health, Hope Tribute, Miracles Breakfast, San Francisco, Oct. 2013.

FELLOWSHIPS AND GRANTS

Academic Specialist Award: United States Information Agency. Teaching Fellowship to Poland, Summer 1991

Family Recovery Project: grants to establish and implement family recovery curriculum at MRI, 1990, 1991, 1992, 1994, 1995

de Guigne Foundation Writing Grant: clinical textbook on adult children of alcoholics, 1986 - 1987

J.M. Foundation Medical Education Training Grant, 1984 - 1985.

National Institute on Alcohol Abuse and Alcoholism (NIAAA) Training Grant 1978-1980.

Thomas and Katherine Pike Pilot Grant to establish Stanford Alcohol Clinic, 1977.

Western Area Alcoholism Training and Education Fellowship, 1975.

PUBLICATIONS

ACADEMIC:

Yalom, I., Brown, S., and Bloch, S. "The written summary as a group psychotherapy technique." Archives of General Psychiatry. 1975, 32:5, pp 605-618.

Bloch, S., Brown, S., Davis, K. and Dishotsky, N. "The use of a written summary in group psychotherapy supervision." American Journal of Psychiatry. 1975, 132:10, pp 1055-1057.

Brown, S. and Yalom I. "Interactional group psychotherapy with alcoholic patients." Journal of Studies on Alcohol. 1977, 38:3, pp 425-456.

Beletsis, S. and Brown, S. "A developmental framework for understanding the adult children of alcoholics." Journal of Addictions and Health, Focus on Women. 1981, 2, pp 187-203.

Brown, S. "Alcohol, servant or master?" Stanford Alumni Magazine. June 1982, pp 26-32.

Cermak, T. and Brown, S. "Group therapy with the adult children of alcoholics." International Journal of Group Psychotherapy. July 1982.

Brown S. Treating the Alcoholic: A Developmental Model of Recovery. John Wiley & Sons, New York, Spring 1985.

Brown, S. and Beletsis, S. "The development of family transference in groups for the adult children of alcoholics." International Journal of Group Psychotherapy. Winter 1986, pp 97-114.

Brown, S. "Children with an alcoholic parent." in N. Estes and M.E. Heinemann (Eds.) Alcoholism: Development, Consequences and Interventions, third edition. C.V. Mosby, St. Louis, 1986.

Brown, S. Treating Adult Children of Alcoholics: A Developmental Perspective. John Wiley and Sons, New York, 1988.

Brown, S., Beletsis, S., and Cermak, T. Adult Children of Alcoholics in Treatment. Health Communications Inc., Orlando, 1989.

Brown, S. "Adult children of alcoholics: a theoretical crossroads." In T. Rivinus (Ed.) Children of Chemically Dependent Parents: Multiperspectives From the Cutting Edge. Brunner/Mazel, 1991.

Brown, S. "Adult Children of Alcoholics: The History of a Social Movement and its Impact on Clinical Theory and Practice." Recent Developments in Alcoholism. Plenum, Vol. 9, pp 267-285, 1991.

Brown, S. Commentary on the Lay Treatment Community. Annual Review of Addictions Research and Treatment. Rutgers Center for Alcohol Studies. New York, Pergamon Press, 1991.

Brown, S. Codependence and ACAs: Theoretical Expansion From an Interpersonal Perspective. Invited paper, National Consensus Symposium, Washington, D.C., October 1991.

Brown, S. Therapeutic Processes of Alcoholics Anonymous. In: B. McCrady and W. Miller (Eds.) Research on Alcoholics Anonymous. Rutgers Center for Alcohol Studies. New Brunswick, N.J., 1993.

O'Connor, C., Berry, J., Morrison, A., and Brown, S. "Retrospective reports of psychiatric symptoms before, during, and after drug use." Journal of Psychoactive Drugs. Jan-Mar 1992, 24(1), 65-68.

Brown, S., "Alcoholism and Trauma: A Theoretical Comparison and Overview." Journal of Psychoactive Drugs, Vol. 26(4) Oct.-Dec. 1994 pp 345-355.

Brown, S. (Ed.) Treating Alcoholism. San Francisco, Jossey-Bass, 1995.

Brown, S. "A Developmental Model of Alcoholism and Recovery." In: S. Brown (Ed.), Treating Alcoholism. San Francisco, Jossey-Boss, 1995 pp 27-53.

Brown, S. and Lewis, V. "The Alcoholic Family: A Developmental Model of Recovery." In: S. Brown (Ed.) Treating Alcoholism. San Francisco, Jossey-Boss, 1995. pp 279-315.

O'Connor, L., Berry, M., Morrison, A. and Brown, S. "The Drug-of-Choice Phenomenon: Psychological Difference Among Drug Users Who Preferred Different Drugs." The International Journal of the Addictions, 30(5), 1995, pp 541-555.

Brown, S. and Schmid, J. "Adult Children of Alcoholics: A Multidimensional View." In: Ralph Tarter, Robert Ammerman, and Peggy Ott, (Eds.), Sourcebook on Substance Abuse: Etiology, Epidemiology, Assessment and Treatment. Allyn and Bacon, 1988.

Brown, S. and Lewis, V. The Alcoholic Family in Recovery: A Developmental Model. New York, Guilford Press. 1999.

Schmid, J. and Brown, S., Addiction Recovery Tools: Family Education and Counseling. In: R. Coombs, (Ed.), Addiction Recovery Tools: A Practitioner's Handbook. Thousand Oaks CA: Sage Publications, 2001.

Brown, S., "Humor and the 12 Step Recovery Process." In W. Salameh, and W.F. Fry, (Eds.), Humor and Wellness in Clinical Intervention. Westport, CN: Praeger, 2001.

Brown, S. Women and Addiction: Expanding Theoretical Points of View. In: S. Straussner and S. Brown, (Eds.), The Handbook of Addiction Treatment for Women: Theory and Practice. San Francisco: Jossey-Bass, 2002, pp. 26-51.

Straussner, L., and Brown, S., (Eds.), The Handbook of Addiction Treatment for Women: Theory and Practice. San Francisco: Jossey-Bass, 2002.

Brown, S., and Miller, W.R., Transformational Change. In: W. R. Miller and H. Delaney, (Eds.), Human Nature, Motivation, and Change: Judeo-Christian Perspectives on Psychology. Washington DC: American Psychological Association, 2004.

POPULAR:

Brown, S. "Children of alcoholics." American Legion Magazine. January 1989.

Brown, S. "Jargon: confusing the Issues." Professional Counselor Magazine (guest columnist). November 1988, January 1989, March 1989.

Brown, S. Adult Children of Alcoholics. Johnson Institute, Minneapolis, 1990.

Brown, S. Safe Passage: Recovery for Adult Children of Alcoholics. New York, Wiley, 1991.

Brown, Families in Recovery." The National Association for Children of Alcoholics, Network, Vol. 12, 2, April-May, 1996, pp. 4-5.

Brown, S. ACA's Today: A New Idea All Grown Up. New Times. San Jose, Resource Alliance, May 2000, pp. 3-4.

Brown, S. Lewis, V., with Liotta, A. The Family Recovery Guide: A Map for Healthy Growth. Oakland, New Harbinger Publications, Fall, 2000.

Brown, S. Addiction as a Family Disease. In: D. Pinsky, et al. When Painkillers Become Dangerous. Center City MN: Hazelden. July, 2004.

Brown, S. A Place Called Self: Women, Sobriety, and Radical Transformation Center City, MN: Hazelden, September, 2004.

Brown, S., A Place Called Self: Women, Sobriety, and Radical Transformation. A Workbook. Center City, MN. Hazelden, September, 2005.

Brown, S. SPEED. New York Post, Dec. 29, 2013.

Brown, S. SPEED: Facing Our Addiction to Fast and Faster and Overcoming Our Fear of Slowing Down. New York: Berkley Books/Penguin. Jan. 2014.

Brown, S. SPEED. Guidelines for Therapists. California Association of Licensed Social Workers Newsletter. April, 2014.

Brown, S. When Society Loses Control: A New Challenge to Healthy Recovery. In Press, 2014.

VIDEO

Brown, S., Treating Alcoholism with Stephanie Brown, Ph.D.

One: The Developmental Model in Action

Two: The Developmental Model in Theory: A Live Workshop Produced by Jaylen Productions, San Francisco, 1997.

Brown, S. Stages of Family Recovery. Produced and Directed by Hazelden, 2005.

Brown, S. An Interview. Produced by Margaret Fetting, University of Southern California, 2011.

Brown, S. Emotional and Behavioral Addictions. Interviewed by Cheryl Jennings, Beyond the Headlines, ABC TV, Dec. 2006.

PAPERS, SYMPOSIA, LECTURES, CONFERENCES, WORKSHOPS, SEMINARS: (Selected)

“Interactional Group Psychotherapy with Adolescents on an Inpatient Milieu.” Paper. Presented at California State Psychological Association, Los Angeles, March, 1977.

“Defining a Continuum of Recovery in Alcoholism.” Paper. Presented at National Alcoholism Forum, Washington, D.C., April, 1979.

“Teen-age Alcoholics.” Grand Rounds, Department of Pediatrics, Stanford University, September 1979; Department of Psychiatry, Stanford University, January 1980.

“Families and Alcoholics.” Invitational seminar. Child Psychiatric Institute, Oslo and Bergen, Norway, May 1981.

“Mistakes Therapists Make with Alcoholics.” Grand Rounds. Department of Psychiatry, Stanford University, October 1981.

“The Adolescent Child In an Alcoholic Family.” and “A Continuum of Recovery.” Eisenhower Medical Center Annual Conference on Alcoholism, Palm Springs, February 1982.

“Alcoholism In the Family: A Family-Based Treatment Plan.” Orthopsychiatric Association annual meeting. San Francisco, April 1982.

“What is too much Alcohol?,” “Diagnosing Alcoholism,” and “A Model of Recovery.” Medical Grand Rounds. Chope Hospital, San Mateo, October, November, and December 1982.

“A Developmental Framework for Understanding the Adult Children of Alcoholics.” Regional conference. U.S. Drug and Alcohol Journal, Los Angeles, October 1983; Boston, May 1985.

“The Children of Alcoholics.” Keynote address. New York State Coalition for the Children of Alcoholics, Syracuse University, October 1984.

“Children of Alcoholics.” Grand Rounds. Division of Child Psychiatry, Stanford University Medical School, January 1985.

“Cognitive Development in the Children of Alcoholics.” California State Psychological Association annual meeting, San Francisco, February 1985.

“Children of Alcoholics: Current Research and Emerging Clinical Issues.” Keynote address. Conference on Alcoholism for Long Island, Adelphi University School of Social Work, Long Island Council on Alcoholism, and Nassau County Department of Drug and Alcohol Addiction, April 1985.

“Cognitive Development in Children of Alcoholics.” National Association of Children of Alcoholics (NACOA) national conference. Washington D.C., February 1986.

“Alcoholism: A Developmental Model of Recovery.” Edgehill-Newport Conference on Alcoholics. Newport Rhode Island, May 1986; Colloquium, Alcohol Research Group, Brown University, Providence Rhode Island, May 1986.

Advanced Clinical Seminars: Adult Children of Alcoholics. Institute for Advancement in Human Behavior. Boston, June 1985; Seattle, September 1985; San Francisco, October 1985; New York, April 1986; Chicago, June 1986; Los Angeles, October 1986; San Francisco, November 1986; Toronto, May 1987; Philadelphia, June 1987; Los Angeles, October 1987; San Francisco, November 1987; Seattle, May 1988; Washington, D.C., June 1988; Los Angeles, September 1988; San Francisco, October 1988; Toronto, November 1988; Pittsburgh, April 1989; Boston, June, 1989; Minneapolis, September, 1989; Atlanta, October, 1989.

“Adult Children of Alcoholics.” Workshop. American Group Psychotherapy Association, February 1989.

“The Outpatient Treatment of the Alcoholic Patient.” Mount Zion Psychotherapy Research Group, Department of Psychiatry, Mount Zion Hospital and the San Francisco Psychoanalytic Institute Extension Division, March 1989.

“Adult Children of Alcoholics.” Oregon Institute of Addiction Studies, Portland, April 1989.

“Adult Children of Alcoholics: A Theoretical Crossroads” and “Couples and Family Issues.” University of California Extension, Irvine, July 1989; Santa Cruz, August 1989, and July 1991.

“Treatment of Addictive Disorders” Advanced International Symposium, Colorado Springs, February 1990.

“Treatment and Recovery Processes for the ACA Couple” and “Defensive Adaptation: Consequences of Coping with Chronic Trauma.” U.S. Journal National Convention on Children of Alcoholics, San Francisco, February 1990.

“Humor and the Twelve Step Recovery Process.” Institute for the Advancement of Human Behavior, Laughter and Play. San Francisco, March, 1990.

“Short-term Treatment in a Long-term Recovery Process.” Institute for the Advancement of Human Behavior, Advances in Brief Therapies. San Francisco, April 1990.

“Adult Children of Alcoholics.” Cape Cod Institute, Albert Einstein College of Medicine, July 1990.

“Where are We Going From Here?” National Association for Children of Alcoholics National Convention, Chicago, August 1990.

“Group Therapy in Action: A Master Class.” San Francisco, October, 1990.

“Adult Children of Alcoholics: A History of the Social Movement and Its Impact on Clinical Theory and Practice.” California Society of Clinical Social Work. Carmel, November 1990.

“Treating the Alcoholic: Behavioral, Cognitive and Dynamic Perspectives.” and “Adult Children of Alcoholics.” U.S. Psychiatric Congress. San Diego, December 1990.

“Humor and the Twelve Step Recovery Process.” Betty Ford/Eisenhower Conference, February 1991.

“Group Psychotherapy with Adult Children of Alcoholics.” Grand Rounds. Department of Psychiatry, University of Maryland, March 1991.

“A Developmental Model for Recovery.” The Isadore Tuerk Lecture, Department of Psychiatry, University of Maryland School of Medicine, March 1991.

“Adult Children of Alcoholics: Theory, Practice, and Critical Issues.” Washington State Psychological Association, April 1991.

“Adult Children of Alcoholism: A Social Movement Charts the Course of Mental Health.” California Association of Marriage and Family Therapists. Oakland, May 1991.

“Treating Children of Alcoholics and Adult Children of Alcoholics.” University of California, Riverside, MFI Recovery Center and Youth Service Center, May 1991.

“Alcoholism, Adult Children of Alcoholics and the Transcendence of Self.” United States Information Agency and Stefan Batory Foundation. Warsaw and Lublin, Poland, 1991.

“Adult Children of Alcoholics: Theory, Practice and Clinical Issues.” Spokane, WA, September 1991.

“Therapeutic Processes of Alcoholics Anonymous.” Invited paper. NIAAA Conference, Albuquerque, February 1992.

“An Expanded Framework for Assessing and Treating Adult Children of Alcoholics.” Harvard Medical School, March 1992.

“Couples and Families in Recovery: A Developmental Model.” St. Francis Hospital Medical Center, Topeka, KS, August 1992.

“Safe Passage: The Trauma and Hope of Recovery for Adult Children of Alcoholics” and “The Developmental Model of Recovery for Individuals, Couples, and Families.” Rimrock Foundation, Billings, MT, September 1992.

“Recovery Sensitive Psychotherapy.” National Association of Social Workers, Rhode Island Chapter, Warwick, RI, October 1992.

“A Developmental Model of Alcoholism Recovery.” Tucker Pavillon, Chippenham Medical Center, Richmond, VA, November 1992.

“Personal Reflections on Alcoholism Treatment and Psychotherapy in Poland.” Invited Address, Northern California Group Psychotherapy Society, Asilomar, June 1992.

“The Developmental Model of Recovery for Individuals, Couples and Families.” Vancouver, BC, May 1993.

MAATI/NACOA 10th Anniversary. Children of Alcoholics and Other Dysfunctional Families. “A Comprehensive Assessment of ACA’s” Indiana, PA, July 1993.

“An Integrated, Collaborative Model of Psychotherapy for the Addictions.” Cape Code Institute, Albert Einstein College of Medicine. August, 1993.

“Dilemma of the Wounded Healer: Codependency in the Health Care Setting.” St. Francis Hospital, Topeka, KS, August 1993.

“Models of Recovery. A Workshop with Hazelden.” Riverside, CA, October 1993.

“Long-Term Developmental Process of Addiction and Recovery.” Serenity Lane, Eugene and Portland, OR, November 1993.

“A Developmental Model. State of the Art in Addiction Medicine. California Society of Addiction Medicine, Newport Beach, November 1993.

“Short-Term Treatment of Addiction within a Long-Term Developmental Framework of Alcoholism Recovery” and “Couples and Families in Recovery.” Brief Therapy: Essence and Evolution. International Congress, December 1993.

“Developmental Model of Alcoholism Recovery”, Washington County Health Department, Hagerstown, MD, June 1994.

“Healthy and Unhealthy Paths to Adulthood: How Childhood Experiences Shape Development,” and “The Impact of Major Change on Family Development.” The Sun Club and Women’s Resource Center, Sun Valley, Idaho, September 1994.

“A Roundtable Dialogue Between Self-Help Groups and Treatment Professionals.” New Jersey Department of Health, Cherry Hill, October 1994.

“An Integrative View of Psychology and Chemical Dependency: Theory, Research and Practice.” Minnesota Psychological Association and Metropolitan State University, October 1994.

”A Dynamic Model of Recovery for the Alcoholic Individual.” The Southeastern Conference on Alcohol and Drug Abuse, December 1994.

“The Process of Recovery for the Alcoholic Family: A Research Update” 1995 National Conference on Children of Alcoholics. San Diego, February 1995.

“The Process of Recovery for the Alcoholic Family.” California Association of Marriage and Family Counselors, Santa Clara County, June 23, 1995.

“How the Trauma of Parental Alcoholism Shapes Human Development.” Keynote Address: Moving Beyond Survival: An Educational Conference. Three Rivers Center, Palo Alto, October, 1995.

“An Integrated Model of Psychotherapy for the Addictions: Collaboration Across Disciplines Within a Developmental Frame.” Kaiser Permanente Medical Group, Northern California, October, 1995.

“A Developmental Model of Recovery.” California State Psychological Association: Substance Abuse Training Workshop. San Francisco, October, 1995.

“Therapeutic Processes of Change within A.A. from a Developmental Perspective.” Presented at conference: New Directions in the Treatment of Addiction: Integrating Spirituality, Psychotherapy and Psychopharmacology. Ross Hospital, Marin County Calif. October, 1995.

“Chemical Dependency Group Therapy.” Group Therapy Symposium: Department of Psychiatry and CME, University of California School of Medicine, San Francisco, Nov. 1995.

“Addictions: Drug and Alcohol Training Course.” Los Angeles County Psychological Association. UCLA, Nov. 1995; Feb. 1996.

“Group Therapy Theory and Practice Workshop for Professionals Working with Impaired Physicians.” California Physician Diversion Program, Asilomar, 1995, 1996, 1997, 1998, 1999, 2000, 2001.

“Women and Children: Searching for Recovery in the Year 2000.” Participant in invitational conference sponsored by Hazelden, Center, Mn. Dec. 7-8, 1995.

“Trauma and Alcoholism: An Overview and Comparison of Theory, Treatment and Recovery.” Hawaii Psychological Association convention, Honolulu, Jan. 27, 1996.

“The Process of Recovery for the Family.” San Francisco Psychotherapy Research Group, San Francisco, Feb., 1996.

“Treating the Trauma of Alcoholism.” Almaden Associates, Palo Alto, March, 1996.

“Group Therapy and Practice Workshop II.” California Physician Diversion Program, San Francisco, March, 1996.

“Trauma and Alcoholism.” Michigan Training Associates, Ann Arbor, May, 1996.

“Hazelden Educational Workshop: A Developmental Model of Assessment and Treatment for the Alcoholic with an Emphasis on Women.” Hazelden, Center City, Mn. May, 1996.

“An Integrated Model of Psychotherapy for the Addictions.” Del Amo Hospital, Long Beach, June, 1996.

NIHR/ Templeton Foundation Research Development Conference on Spirituality in the Four Clinical Fields: Physical Health, Mental Health, Addiction Disorders and Neuroscience. Leesburg, Va. July, 1996, January, 1997, July 1997. Invited participant.

“Treatment of Alcoholism” Family Service Association and University of California, Santa Cruz. June, 1997, March 1999, May 2000.

“Trauma and Addictions: Building Bridges.” The Center for Human Services Training and Development, University of California, Davis, June, 1997.

“Alcoholism and Trauma: Recovery and Treatment for Addicts and Their Families” Oregon Institute of Addiction Studies and Lewis and Clark College, August 1997.

“A Developmental Model of Assessment and Treatment for the Alcoholic Woman.” Lewis and Clark College, Professional Development and Research, Portland, October 1998.

“An Integrated Model of Psychotherapy for the Addictions: Collaboration Across Disciplines Within A Developmental Frame.” Smithers Alcoholism Treatment and Training Center, New York, February 1998.

“Addiction, Trauma and Developmental Arrest.” Addiction and Trauma Conference. New School for Social Research, New York, February 1998.

“Treating Addiction and Trauma in Families: A Developmental Perspective.” JFK University, March 1998, February 1999, February 2000.

“A Developmental Model of Addiction: Integrating Mental Health and Addiction Theory and Practice.” Santa Clara University, Division of Lifelong Learning, April, May and July 1998.

“Studying Spirituality in Alcoholism and Recovery.” Conference sponsored by NIAAA and the Fetzer Foundation. Washington, DC, May 1998.

“The Alcoholic Family in Recovery: A Developmental Perspective.” Keynote address. Texas State Commission on Alcoholism. July, 1998, Austin, Tx.

“Trauma and Addiction.” Lifespan Learning Institute: “Addictions, Recovery, and the Healing of the Self.” Los Angeles, February, 1999.

“Hope, Health, and Healing for the Family in Recovery.” University of California, The Betty Ford Center, and Patrick MacAfee, Ph.D., Riverside, CA, April 1999.

“The Alcoholic Family in Recovery: A Developmental Model”, “What Happens When the Drinking Stops?”, and “When Trauma is Normal: Safe Passage for the Alcoholic Family in Recovery.” U.S. Journal Counseling Skills, Las Vegas, September, 1999.

“The Alcoholic Family in Recovery.” Women Healing Conferences, Hazelden, The Betty Ford Center and The Caron Foundation, San Francisco, November, 1999, Chicago, December 1999, Philadelphia, March, 2001.

“The Alcoholic Family in Recovery.” The Norman E. Zinberg Memorial Lecture. Understanding and Treating the Addictions in the Next Millennium,” Harvard University, March, 2000.

“Treating the Addicted Family: Recovery from the Trauma of Addictive Disease.” Regina Health District Alcohol and Drug Services, Regina, Saskatchewan, June, 2000.

“Addiction as a Human Process: Finding Limits in a Culture of Speed.” Speed.com Santa Clara University and Ofer Zur. Santa Clara, July, 2000.

“The Alcoholic Family in Recovery: A Development Model. Keynote; “What Happens When the Drinking Stops? Mapping the Terrain of Family Recovery.” Workshop. “When Trauma is Normal: Safe Passage for the Alcoholic Family in Recovery.” Ben Franklin Institute Summit for Clinical Excellence, Chicago, March 2001.

“Alcoholism, Trauma, and the Family.” Portland State University. April, 2001.

“Human Nature, Motivation and Change: Judeo-Christian Perspectives on Psychology.” Center on Alcoholism, Substance Abuse and Addictions, University of New Mexico. Collaborative Team Workshop: Santa Fe: May, 2001 and 2002.

“Principles of Psychotherapy for the Addictions.” JFK University, October, 2001.

“Alcoholism, Trauma and the Family: A Developmental Model of Recovery.” Sierra Nevada Memorial Hospital, Grass Valley, CA, February, 2002.

“Women’s Addiction and Treatment: History and Expanding Theory;” “Major Addictions Among Women.” Women Healing Conferences sponsored by Hazelden, Betty Ford, and Caron Foundation. Minneapolis, April, 2002; Philadelphia, October, 2002; Portland, November, 2002; Chicago, December, 2002; New York, October, 2003.

“The Alcoholic Family in Recovery.” The Alcohol and Other Drug Awareness Hour. The Betty Ford Center. Palm Springs, January, 2003.

“Thinking Developmentally: Guidelines for Therapists in Treating Addiction.” John F. Kennedy University. Orinda, CA. February, 2003.

“Families in Recovery.” California Association for Alcohol/Drug Educators. Palm Springs. April, 2003.

“Women in Recovery.” California Women’s Commission on Addictions. Asilomar. June, 2003.

“Integrating 12-Step Spirituality, 21st Century Pharmacotherapy and Dual Diagnosis Concepts.” Addiction Medicine State of the Art, California Society of Addiction Medicine. San Francisco, October, 2003.

“Thinking Developmentally: Guidelines for Therapists in Treating Addiction.” The Ben Franklin Institute: Summit for Clinical Excellence. Scottsdale, November, 2003.

“Working with the Actively Addicted Couple: Challenging Their Defensive Structure.” “Working with Addicted Couples in Recovery.” Challenging Couples, Challenging Therapists. The Milton Erickson Foundation, Inc., Los Angeles, March, 2004.

“The Alcoholic Family in Recovery.” Women Healing. Palm Beach, May, 2004

A Place Called Self: Women, Sobriety and Radical Transformation. Women Healing Conferences 2005: Portland, Minneapolis, Clearwater, Los Angeles, Atlanta, Toronto

“Adult Children, Recovery and Trauma.” Health Communications, Feb. 2005, Las Vegas
 “Transforming Traumatic Attachment Bonds into Healthy Growth” “Intimate Relationships: Strategies for Overcoming the Defensive Self for ACoAs.”

Children's Health Awareness Council, The Alcoholic Family, March, 2005

"A Place Called Self: Women, Sobriety and Radical Transformation." Counseling Skills. U.S. Journal Training. Las Vegas, Sept. 2005.

"The Trauma of Addiction and Recovery: Women, Men and the Paradoxes of Transformational Change." Family Service Agency of the Central Coast. Jan., 2006.

"Integrating Mental Health and Addiction Theory and Practice." Palo Alto Medical Foundation Psychiatry. Feb, 2006

"Women Under the Influence: Substance Abuse and the American Woman." CASA – Columbia University Addiction Conference. NY. March, 2006

Adult Children, Recovery and Trauma. Health Communications. Las Vegas, March, 2006. "The COA and the ACOA in the Family: What is the Trauma of Familial Alcoholism and What is the Process of Recovery?" "Clinical Update: Diagnosis, Assessment and Treatment for COAs Within a Mental Health Perspective."

Options Recovery Center, Berkeley, CA April, 2006

"The Trauma of Addiction and Recovery: Women, Men and the Paradoxes of Transformational Change." Farmington, New Mexico. Sept. 2006.

Kaiser San Jose, Grand Rounds. October, 2006

"A Developmental Model of Addiction and Recovery." Conference keynote and workshops. Lawyer's Assistance Program, North Carolina. Nov. 2006.

"Addiction, Trauma and A Developmental Process of Treatment and Recovery." Alliant International University (CSPP), San Francisco, Feb. 2007.

"The Addicted Family in Recovery." Group Discussion Conference. Betty Ford. June, 2007.

"Addiction, Trauma and A Developmental Process of Recovery. Alliant International University (CSPP), Alameda, Sept., 2007.

"A Developmental Model of Addiction and Recovery." Graduate Course. California School of Professional Psychology. Feb. 2008.

"Adult Children of Alcoholics, Trauma and Recovery." HCI and NACoA. Orlando, March, 2008.

"The Developmental Model of Addiction and Recovery." Alliant International University (CSPP), Los Angeles, Lecture and Forum. May, 2008.

"Stages of Intervention for the Homeless." Options Recovery Center. Berkeley, May, 2008.

"Alcohol Awareness Hour." Betty Ford Center, Palm Springs, June, 2008.

"A Developmental Model of Addiction and Recovery Related to Violence." Institute on Violence and Trauma, Alliant International University (CSPP), San Diego, Sept. 2008.

"The Paradoxes of Spirituality: Women, Men and Transformational Change in Recovery." Staff Training and Public Lecture, Alliant International University and Monte Fenix. Mexico City, Feb., 2009.

"Addiction, Trauma and A Developmental Process of Treatment and Recovery for the Family:

Understanding Violence Within the Stages of Active Addiction and Recovery.” Institute on Violence and Trauma. Alliant International University (CSPP), San Diego, Sept. 2009.

“The Fast Pace of Everything: What Does It Mean for our Kids?” Nueva Gifted Learning Conference. Hillsborough CA. October 16, 2009.

“Adolescent Addiction and Pediatricians.” Palo Alto Medical Foundation, Grand Rounds, October 20, 2009.

“Addiction Treatment in an Age of Societal Loss of Control: New Guidelines for Individual, Couple and Family Treatment.” San Bernardino CA. March, 2010.

“SPEED as an addiction.” Options Recovery Center. Berkeley, CA. April, 2010 and April, 2011.

“Parenting in Recovery.” Invited conference Washington, DC. The Betty Ford Center. September, 2010.

“Addiction Theory and Practice for Clinicians: A Developmental Framework of Attachment, Trauma and Recovery.” Santa Clara University Center for Professional Development. April 8 and 9, 2010.

“Addiction Theory and Practice in 2010: Applying a Developmental Model of Attachment, Trauma, and the Human Loss of Control. Santa Clara University Center for Professional Development. October, 2010.

“Addiction Treatment in an Age of Societal Loss of Control: New Guidelines for Individual, Couple and Family Treatment.” Invited Presenter. Kaiser Northern California, April, 2011.

“Addiction Treatment in an Age of Societal Loss of Control: New Guidelines for Individual, Couple and Family Treatment.” Santa Clara University Center for Professional Development. April, 2012.

Keynote dinner speech: Our Common Ground annual Awards. April 28, 2012.

“A Framework for Understanding the Twelve Steps of Alcoholic Anonymous.” Invited Lecture. California Society of Addiction Medicine. Review Course. September, 2012.

“Empowering Parents of Adolescents and Young Adults with Addiction and Substance Abuse Issues to Navigate Our Digital Media-Saturated Society.” The Annenberg Retreat at Sunnyslands and the New York Center for Living. Invited retreat. Tarrytown New York. October, 2012.

“Integrating A Developmental Perspective of Addiction and Recovery with Psychodynamic Theory and Practice.” Invited lectures. Private consultation group. November, 2012.

“Family Recovery: What It Is and How It Works in an Age of Societal Loss of Control.” Stepping Stone, San Francisco, Feb., 2013.

“SPEEEEEED! Wired Up and Hooked On Fast.” Keynote address: Counseling Advances: Impact of Trauma, Addiction and Attachment on the Self and the Family.” U.S. Journal Training. Las Vegas, March, 2013.

“Attachment, Trauma, and a Developmental Process of Family Addiction and Recovery.” Counseling Advances: Impact of Trauma, Addiction and Attachment on the Self and the Family. U.S. Journal Training, Las Vegas, March, 2013.

“Attachment, Trauma, and a Developmental Process of Family Recovery: A Focus on Children of Alcoholics (COAs) and Adult Children of Alcoholics Over 30 Years.” Counseling Advances: Impact of Trauma, Addiction and Attachment on the Self and the Family. U.S. Journal Training, Las Vegas, March, 2013.

“When Society Loses Control: Attachment, Trauma and A Developmental Process of Couple and Family Recovery.” The Couples Conference. The Milton Erickson Foundation and The Couples Institute. Manhattan Beach CA, April, 2013.

“SPEEEEEED!” Wired Up and Hooked on Fast.” The Couples Conference. The Milton Erickson Foundation and The Couples Institute. Manhattan Beach, CA, April, 2013.

“SPEEEEEED!” Wired Up and Hooked on Fast.” Grand Rounds. Peninsula Association of Licensed Clinical Social Workers. Palo Alto. November, 2013.

“Addiction in a Digital Age: Promoting Healthy Internet Use in Adolescents and Young Adults in Recovery.” The Annenberg Retreat at Sunnylands and The New York Center for Living. Invited retreat. New York, May, 2014.

Television, radio and print interviews; Undergraduate and graduate guest lectures. 1977 – present.
Extensive radio and print interviews from January to March, 2014 on release of book: SPEED: Facing Our Addiction to Fast and Faster and Overcoming Our Fear of Slowing Down. (Berkeley/Penguin, 2014.)