

# TRAVEL SOBER

The Journey Begins

Presents

## **A Recovery Conference @ Sea**

with speakers; Dr. Stephanie Brown  
CeCe G, & Fr. Tim M.

Join us for a fabulous **7-day** cruise vacation on the  
Norwegian Cruise Lines '**Norwegian Pearl**'

**February 18-25, 2018**

*R/T From: New Orleans to Cozumel, Roatan-Honduras,  
Harvest Caye-Belize and Costa Maya-Mexico*

Recovery Education, Speaker meetings, Emotional sobriety workshop,  
Entertainment featuring Las Vegas hit Legends in concert, Dancing, Bowling,  
Dining Options, World class spa, plus Lots of Fun and Fellowship

**Great Prices Start at and** include port charges & tax, govt. fees

<u>Interior</u>	\$697.00
<u>Oceanview</u>	\$797.00
<u>Balcony</u>	\$1,227.00

Not included are tips, items of a personal nature and \$175.00 conference registration fee

Cruise deposit plus Conference Fee is required to hold your space. Full payment due November 11<sup>th</sup> 2017. Latitudes members and other discounts may apply & upgrades may be available! Cruise rates are subject to change. In This Life offers price guarantee and upgrade protection!

Pre-cruise hotel in New Orleans and low cost air is available

Conference attendance only through exclusive booking arrangements by

**In This Life Custom Getaways @**

805 927-6910 or 1 800 531-7578

Check out [www.travelsober.com](http://www.travelsober.com) for more great trips

**About The Speakers:** **STEPHANIE BROWN, PhD**, is a person in long-term recovery. She is a clinician, teacher, author, researcher, and consultant in the field of addiction. She founded the Alcohol Clinic at Stanford University Medical Center in 1977, developing the dynamic model of alcoholism recovery and its application to the long-term treatment of all members of an alcoholic family. She is a licensed psychologist with over 35 years of clinical experience and, recognized expert on the trauma and the treatment of alcoholics and their families. She is especially well known for her pioneering work in the theory and treatment of adult children of alcoholics and the process of recovery for addicted families. **Cece Garrison** is a popular speaker on the recovery circuit. She currently resides near Atlanta, Georgia. Hitting bottom in July, 1985 her whole world changed. Cece embraced recovery from the start and has shared her story with passion, touching hearts with her experience, strength, and hope. **Fr. Tim Meier** has been sober since September 1979 and has been active in giving retreats for people in 12 Step recovery programs for more than 25 years His retreat ministry began in 1990 with an internship under the direction of Fr. Tom W in Oakland, California Tim led on average, ten recovery retreats per year around North America prior to joining the military in 2006 in his 50s, ministering to members of the military. **This cruise is perfect for people from all 12-step groups!**

**About the Itinerary:** This area of the Western Caribbean has some of the best snorkeling in the Caribbean. The itinerary offers history, great beaches, snorkeling, scuba diving, hiking and great shopping. The four ports of call also offer Mayan Ruins, deep sea fishing, sailing and much more.

In This Life offers exclusive optional private value-added tours in all the ports. Local meetings are available at the ports for those who want them. Our onboard hospitality desk will be open during the cruise. The cruise program includes speakers, karaoke (get out of your comfort zones gang), optional private tours, fellowship, breakout groups, program meetings, great dining and fun-filled onboard activities.

<u>Day</u>	<u>Arrive</u>	<u>Depart</u>
February		
Sun 18	New Orleans	4:00PM
Mon 19	at Sea (Speaker Meetings AM & PM)	
Tue 20	Cozumel, Mexico	8:00AM 5:00PM
Wed 21	Roatan-Honduras	9:00AM 6:00PM
Thu 22	Harvest Caye-Belize	8:00AM 5:00PM
Fri 23	Costa Maya-Mexico	8:00AM 4:00PM
Sat 24	at Sea (Speaker Meetings & Thank You Party)	
Sun 25	New Orleans	8:00AM

**Norwegian Cruise Lines ([www.ncl.com](http://www.ncl.com))** is a 5-star cruise line. Sail the newly renovated “Norwegian Dawn” through the Western Caribbean. NCL invented the concept called “Freestyle Cruising”, giving you choices about everything you do. Enjoy a variety of fantastic restaurants, with choices from Continental, Italian, Sushi, Teppanyaki, Cagney’s Steak House, French, even a Brazilian Carvery. Lots of options are free of charge while some specialty restaurants have a nominal service fee. Entertainment on NCL is top rated and they have one of the finest SPA and fitness programs at sea. Children’s programs at sea (free of charge). Imagine unpacking only once and then relaxing and enjoying the activities on your cruise.

**A cruise deposit plus and a \$175.00 Conference Registration Fee, reserves your trip on this fun-filled cruise experience. Join fellow friends in recovery & meet new friends too! Sign-up today to be eligible for an Early-bird upgrade! Let us know if you are a Latitudes Member. You may qualify for a further discount.**

Reservations: [805 927-6910](tel:8059276910) or [1 800 531-7578](tel:18005317578) Email: [trips@inthislife.com](mailto:trips@inthislife.com)

Visit [www.travelsober.com](http://www.travelsober.com) to get information on our other great trips.

Payments can be made by credit cards, call us (no email) or by [check to](#): 895 Napa Avenue, Ste. A - 4 Morro Bay, CA 93442