

## CURRICULUM VITAE

**STEPHANIE BROWN, Ph.D.**  
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The Addictions Institute  
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### EDUCATION

		<u>Major</u>	<u>Degree</u>
1962 - 1963	Northwestern University Evanston, Illinois	Speech & Drama	
1964 - 1966	University of California Berkeley, California	Political Science	B.S.
1971 - 1974	California State University San Jose, California	Clinical Psychology	M.S.
1974 - 1977	California School of Professional Psychology San Francisco, California	Clinical Psychology	Ph.D.

Master's Thesis: "Personality Characteristics of the Teenage Daughters of Male Alcoholics"

Doctoral Dissertation: "Defining A Continuum of Recovery in Alcoholism"

Supplemental training: Group Therapies, Masters and Johnson Training Courses for Sexual Dysfunction

### LICENSE CERTIFICATION

Licensed psychologist, California, 1980; License #PSY 6851

Marriage, Family and Child Counselor, California, 1976; License # 9070

### PROFESSIONAL EXPERIENCE

2007 – 2010	Consultant, The Institute on Addictions, California School of Professional Psychology at Alliant International University, San Francisco
2006 – 2008	Consulting Director, The Family Treatment Program, Mayflower Center
1989 - present	Director, The Addictions Institute Private psychotherapy practice Research Associate, Mental Research Institute Lecturer, author, independent scholar
1989 - 2002	Consultant, State of California Diversion Program for Impaired Physicians Affiliate, Psychotherapy Research Group, San Francisco
1989 - 1992	Consultant, Suzanne Somers Institute Consultant, The Couples Institute

- 1988 - 1989      Consultant, Merritt Peralta Institute, O'Connor Hospital
- 1987 - 1988      Director of Family Research, Merritt Peralta Institute, Oakland, California
- 1986 - 1988      Consultant, Kids Are Special, San Jose, California
- 1985 - 1987      Affiliated Scholar, Institute for Research on Women and Gender, Stanford University
- 1985 - 1987      Program Consultant, Stanford Alcohol Clinic, Stanford
- 1984 - 1987      Consultant, O'Connor Hospital Chemical Dependence Program, San Jose, California
- 1978 - 1980      Consulting Psychologist, Monte Villa Hospital, Morgan Hill, California
- 1977 - 1985      Founder and Director, Stanford Alcohol Clinic, Stanford
- 1972 - 1975      Research Associate and Psychotherapist, NIAAA grant to study group psychotherapy with Irvin D. Yalom, M.D., Department of Psychiatry, Stanford University School of Medicine
- 1969 - 1970      Research Analyst, Baumeister and Dole, Palo Alto, California. Prepared: implemented and analyzed market research
- 1968 - 1969      Research Assistant, Economic and Social Division, Long Range Planning Service, Stanford Research Institute, Menlo Park, California: forecasting social and economic trends
- 1966 - 1968      Advertising Representative, retail promotion, Koratron Company, San Francisco & New York

**TEACHING EXPERIENCE**

- 1984 - present    Professional training, individual and group consultation, and lecture: international
- 1984 - 1985      Research Associate, Stanford University School of Medicine, Department of Psychiatry, Stanford
- 1980 - 1984      Acting Assistant Professor, Stanford University Medical School, Department of Psychiatry, Stanford: individual and group supervision, weekly case conference, annual course in alcoholism
- 1977 - 1980      Clinical Assistant Professor, Stanford University Medical School, Department of Psychiatry, Stanford: individual supervision, annual course for residents in adult and child psychiatry
- 1975 - 1978      Faculty Instructor, California School of Professional Psychology, San Francisco and Berkeley: alcoholism case supervision seminar and clinical seminars in alcoholism.
- 1974 - present    In-service training and consultation, Bay Area Alcohol Treatment Centers: lectures, supervision, case discussion
- 1973 - 1976      Teaching Assistant, clinical psychology, projective techniques, California State University, San Jose  
                           Instructor, clinical aspects of alcoholism, special problems in therapy with alcoholics, California State University, San Jose

**RESEARCH EXPERIENCE**

*Alcoholism:* group psychotherapy; children of alcoholics; the recovery process in alcoholism; clinical evaluation and treatment; Alcoholics Anonymous; the gap between chemical dependency and traditional therapists; the

alcoholic family; the alcoholic family in recovery; principles of psychotherapy for the addictions; spirituality and transformational change.

*Group Psychotherapy*: Infant, children, adolescent and adult groups.

## **PROFESSIONAL AFFILIATIONS AND HONORS**

### **Current:**

American Psychological Association

Journal of Psychoactive Drugs; Editorial Review Board

National Association for Children of Alcoholics; Founding Member, Board of Directors, Advisory Board

American Academy of Health Care Providers in the Addictive Disorders; Advisory Board

Prevention Partnership International; Advisory Board

### **Past:**

Alcoholism Council of California, Board of Directors

American Group Psychotherapy Association; member

Northern California Group Psychotherapy Association; member

California State Alcoholism Advisory Board (appointed by Governor Brown, 1978-1980)

California Licensing Exam (CLEX) on Alcoholism and Drug Abuse for Physicians; Member Approval Committee

Association for Medical Education and Research in Substance Abuse (AMERSA)

HELP Center, Stanford University; Board of Directors (1985-1987)

Council of Fellows; California Association of Drug and Alcoholism Counselors

The Janet Geringer Woititz Award, Health Communications, Inc., February 2005

The Community Service Award, Women's Recovery Association, April 2003

The Clark Vincent Award, California Association of Marriage & Family Therapists, 2001

The Norman Zinberg Memorial Award and Lecture, Harvard University, March 2000

Master Lecturer, California Psychological Association, March 1999

The Frank Brennan Award, March 1995

The Stephanie Brown and Susan Beletsis Fund, Endowed trust given to Stanford University, 1989

Community Service Award, California Society for the Treatment of Alcoholism and other Drug Dependencies, Los Angeles, March 1986

International Who's Who of Professional and Business Women

The World Who's Who of Women

Dictionary of International Biography

Who's Who In American Women

Who's Who In The West

Who's Who In California

Humanitarian Award, National Council on Alcoholism, August 1984

Citizen of the Day, KABL Radio Station, San Francisco, June 8, 1983

Bronze Key Award, National Council on Alcoholism, March 1983

Outstanding Clinical Faculty Instructor, Department of Psychiatry, Stanford University, 1980

Deans' List, Pi Sigma Alpha, University of California, Berkeley

Most Outstanding Freshman, Northwestern University

## **FELLOWSHIPS AND GRANTS**

Academic Specialist Award: United States Information Agency. Teaching Fellowship to Poland, Summer 1991

Grants to establish and implement family recovery curriculum at MRI, Family Recovery Project, 1990, 1991, 1992, 1994, 1995

de Guigne Foundation Writing Grant, clinical textbook on adult children of alcoholics, 1986 - 1987

J.M. Foundation Medical Education Training Grant, 1984 - 1985

National Institute on Alcohol Abuse and Alcoholism (NIAAA) Training Grant, 1978-1980

Thomas and Katherine Pike Pilot Grant to establish Stanford Alcohol Clinic, 1977

Western Area Alcoholism Training and Education Fellowship, 1975

## **PUBLICATIONS**

### **ACADEMIC:**

Brown, S. & Abbott, S. (Nov/Dec. 2005). Children of Alcoholics: Clinical Update. *Family Therapy Magazine*, 46.

Brown, S. & Miller, W.R. (2004). Transformational Change. In W. R. Miller and H. Delaney, (Eds.). *Human Nature, Motivation, and Change: Judeo-Christian Perspectives on Psychology*. Washington DC: American Psychological Association.

- Straussner, L., & Brown, S. (Eds.). (2002). *The Handbook of Addiction Treatment for Women: Theory and Practice*. San Francisco: Jossey-Bass.
- Brown, S. (2002). Women and Addiction: Expanding Theoretical Points of View. In S. Straussner & S. Brown, (Eds.). *The Handbook of Addiction Treatment for Women: Theory and Practice*. San Francisco: Jossey-Bass, 26-51.
- Brown, S. (2001). Humor and the 12 Step Recovery Process. In W. Salameh, & W.F. Fry, (Eds.). *Humor and Wellness in Clinical Intervention*. Westport, CN: Praeger.
- Schmid, J. and Brown, S. (2001). Addiction Recovery Tools: Family Education and Counseling. In R. Coombs, (Ed.). *Addiction Recovery Tools: A Practitioner's Handbook*. Thousand Oaks, CA: Sage Publications.
- Brown, S. & Lewis, V. (1999). *The Alcoholic Family in Recovery: A Developmental Model*. New York: Guilford Press.
- Brown, S. & Schmid, J. (1999). Adult Children of Alcoholics: A Multidimensional View. In R. Tarter, R. Ammerman, & P. Ott, (Eds.). *Sourcebook on Substance Abuse: Etiology, Epidemiology, Assessment and Treatment*. Allyn and Bacon.
- O'Connor, L., Berry, M., Morrison, A. & Brown, S. (1995). The Drug-of-Choice Phenomenon: Psychological Difference Among Drug Users Who Preferred Different Drugs. *The International Journal of the Addictions*, 30 (5), 541-555.
- Brown, S. & Lewis, V. (1995). The Alcoholic Family: A Developmental Model of Recovery. In S. Brown (Ed.). *Treating Alcoholism*. San Francisco: Jossey-Boss, 279-315.
- Brown, S. (1995). A Developmental Model of Alcoholism and Recovery. In S. Brown (Ed.). *Treating Alcoholism*. San Francisco: Jossey-Boss, 27-53.
- Brown, S. (Ed.). (1995). *Treating Alcoholism*. San Francisco: Jossey-Bass.
- Brown, S. (Oct.-Dec. 1994). Alcoholism and Trauma: A Theoretical Comparison and Overview. *Journal of Psychoactive Drugs*, Vol. 26 (4), 345-355.
- O'Connor, C., Berry, J., Morrison, A. & Brown, S. (Jan.-Mar. 1992). Retrospective reports of psychiatric symptoms before, during, and after drug use. *Journal of Psychoactive Drugs*, 24 (1) 65-68.
- Brown, S. (1993). Therapeutic Processes of Alcoholics Anonymous. In B. McCrady & W. Miller (Eds.). *Research on Alcoholics Anonymous*. Rutgers Center for Alcohol Studies. New Brunswick, N.J.
- Brown, S. (October 1991). Codependence and ACAs: Theoretical Expansion From an Interpersonal Perspective. Invited paper, *National Consensus Symposium*, Washington, D.C.
- Brown, S. (1991). Commentary on the Lay Treatment Community. Annual Review of Addictions Research and Treatment. *Rutgers Center for Alcohol Studies*. New York: Pergamon Press.
- Brown, S. (1991). Adult Children of Alcoholics: The History of a Social Movement and its Impact on Clinical Theory and Practice. *Recent Developments in Alcoholism*. Plenum, Vol. 9, 267-285.
- Brown, S. (1991). Adult children of alcoholics: a theoretical crossroads. In T. Rivinus (Ed.). *Children of Chemically Dependent Parents: Multiperspectives From the Cutting Edge*. Brunner/Mazel.
- Brown, S. Beletsis, S., & Cermak, T. (1989). *Adult Children of Alcoholics in Treatment*. Orlando: Health Communications Inc.

Brown, S. (1988). *Treating Adult Children of Alcoholics: A Developmental Perspective*. New York: John Wiley and Sons.

Brown, S. (1986). Children with an alcoholic parent. In N. Estes & M.E. Heinemann (Eds.). *Alcoholism: Development, Consequences and Interventions*, third edition. St.Louis: C.V. Mosby.

Brown, S. & Beletsis, S. (1986). The development of family transference in groups for the adult children of alcoholics. *International Journal of Group Psychotherapy*. Winter, 97-114.

Brown S. (1985). *Treating the Alcoholic: A Developmental Model of Recovery*. New York: John Wiley & Sons, Spring.

Cermak, T. & Brown, S. (July 1982). Group therapy with the adult children of alcoholics. *International Journal of Group Psychotherapy*.

Brown, S. (June 1982). Alcohol, servant or master? *Stanford Alumni Magazine*. 26-32.

Beletsis, S. & Brown, S. (1981). A developmental framework for understanding the adult children of alcoholics. *Journal of Addictions and Health, Focus on Women*. 2, 187-203.

Brown, S. & Yalom I. (1977). Interactional group psychotherapy with alcoholic patients. *Journal of Studies on Alcohol*. 38(3), 425-256.

Bloch, S., Brown, S., Davis, K. & Dishotsky, N. (1975). The use of a written summary in group psychotherapy supervision. *American Journal of Psychiatry*. 132(10), 1055-1057.

Yalom, I., Brown, S., & Bloch, S. (1975). The written summary as a group psychotherapy technique. *Archives of General Psychiatry*. 32(5), 605-618.

#### **POPULAR:**

Brown, S. (September 2006). *A Place Called Self: Women, Sobriety and Radical Transformation. A Companion Workbook*. Center City, MN: Hazelden.

Brown, S. (June 2006). Women, Addiction, and Recovery: A Place Called Self. *Counselor Magazine*, 12-17.

Brown, S. (September 2004). *A Place Called Self: Women, Sobriety, and Radical Transformation*. Center City, MN: Hazelden.

Brown, S. (July 2004). Addiction as a Family Disease. In D. Pinsky, et al. *When Painkillers Become Dangerous*. Center City MN: Hazelden.

Brown, S., Lewis, V., with Liotta, A. (Fall 2000). *The Family Recovery Guide: A Map for Healthy Growth*. Oakland: New Harbinger Publications.

Brown, S. (May 2000). ACA's Today: A New Idea All Grown Up. *New Times*. San Jose: Resource Alliance, 3-4.

Brown S. (April/May 1996). Families in Recovery. *The National Association for Children of Alcoholics, Network*, Vol. 12(2), 4-5.

Brown, S. (1991). *Safe Passage: Recovery for Adult Children of Alcoholics*. New York: Wiley.

Brown, S. (1990). *Adult Children of Alcoholics*. Johnson Institute, Minneapolis.

Brown, S. (November 1988, January 1989, March 1989). Jargon: confusing the Issues. *Professional Counselor Magazine* (guest columnist).

Brown, S. (January 1989). Children of alcoholics. *American Legion Magazine*.

## **VIDEO**

Stages of Family Recovery. Produced and Directed by Alex Scott, Hazelden. March 2005.

Brown, S., *Treating Alcoholism with Stephanie Brown, Ph.D.*

One: The Developmental Model in Action.

Two: The Developmental Model in Theory: A Live Workshop, Produced by Jaylen Productions, San Francisco: 1997.

## **PAPERS, SYMPOSIA AND OTHER PRESENTATIONS (selected):**

Television, radio and print interviews; Undergraduate and graduate guest lectures. 1977 – present.

“A Developmental Model of Addiction for the Individual and the Family: Assessment and Treatment Within a Long-Term Framework of Recovery.” North Carolina Lawyer Assistance Program, Carolina Beach, North Carolina: November 2006.

“The Trauma of Addiction and Recovery: Women, Men and the Paradoxes of Transformational Change.” Totah Behavioral Health Authority, Farmington, NM: September 2006.

“Women Under the Influence: Substance Abuse and the American Woman.” The National Center on Addiction and Substance Abuse at Columbia University, New York: March 2006.

“Integrating Mental Health and Addiction Theory and Practice.” Palo Alto Medical Foundation, February 2006.

“A Place Called Self: Women, Sobriety, and Radical Transformation.” U.S. Journal Training, Inc., 11<sup>th</sup> Annual Counseling Skills Conference. Las Vegas: September 2005.

“A Place Called Self: Women, Recovery and Radical Transformation.” Women Healing Conferences for 2005: Minneapolis, Clearwater Beach, Portland, Toronto, Atlanta, Chicago.

“Transforming Traumatic Attachment Bonds into Healthy Growth” and “Intimate Relationships: Strategies for Overcoming the Defensive Self for ACoAs.” The Ninth Renewal Convention on Adult Children, Recovery, and Trauma. U.S. Journal Training, Inc., Las Vegas: February 2005.

“The Alcoholic Family in Recovery.” Women Healing. Hazelden. Palm Beach, FL: May 2004.

“Working with the Actively Addicted Couple: Challenging Their Defensive Structure” and “Working with Addicted Couples in Recovery.” Challenging Couples, Challenging Therapists. The Milton Erickson Foundation, Inc., Los Angeles: March, 2004.

“Thinking Developmentally: Guidelines for Therapists in Treating Addiction.” The Ben Franklin Institute: Summit for Clinical Excellence. Scottsdale, AZ: November 2003.

“Integrating 12-Step Spirituality, 21<sup>st</sup> Century Pharmacotherapy and Dual Diagnosis Concepts.” Addiction Medicine State of the Art, California Society of Addiction Medicine. San Francisco: October 2003.

“Women in Recovery.” California Women’s Commission on Addictions. Asilomar. June 2003.

“Families in Recovery.” California Association for Alcohol/Drug Educators. Palm Springs, CA: April 2003.

“Thinking Developmentally: Guidelines for Therapists in Treating Addiction.” John F. Kennedy University. Orinda, CA: February 2003.

“The Alcoholic Family in Recovery.” The Alcohol and Other Drug Awareness Hour, The Betty Ford Center, Palm Springs, CA: January 2003.

“Women’s Addiction and Treatment: History and Expanding Theory” and “Major Addictions Among Women.” Women Healing Conferences sponsored by Hazelden, Betty Ford, and Caron Foundation, Minneapolis: April 2002; Philadelphia: October 2002; Portland: November 2002; Chicago: December 2002; New York: October 2003.

“Alcoholism, Trauma and the Family: A Developmental Model of Recovery.” Sierra Nevada Memorial Hospital, Grass Valley, CA: February 2002.

“Principles of Psychotherapy for the Addictions.” JFK University, October 2001.

“Human Nature, Motivation and Change: Judeo-Christian Perspectives on Psychology.” Center on Alcoholism, Substance Abuse and Addictions, University of New Mexico. Collaborative Team Workshop: Santa Fe, NM: May 2001 and 2002.

“Alcoholism, Trauma, and the Family.” Portland State University, April 2001.

“The Alcoholic Family in Recovery: A Development Model.” Keynote. “What Happens When the Drinking Stops? Mapping the Terrain of Family Recovery.” Workshop. “When Trauma is Normal: Safe Passage for the Alcoholic Family in Recovery.” Ben Franklin Institute Summit for Clinical Excellence, Chicago: March 2001.

“Addiction as a Human Process: Finding Limits in a Culture of Speed.” Speed.com, Santa Clara University and Ofer Zur. Santa Clara, CA: July 2000.

“Treating the Addicted Family: Recovery from the Trauma of Addictive Disease.” Regina Health District Alcohol and Drug Services, Regina, Saskatchewan: June 2000.

“The Alcoholic Family in Recovery.” The Norman E. Zinberg Memorial Lecture. “Understanding and Treating the Addictions in the Next Millennium,” Harvard University, March 2000.

“The Alcoholic Family in Recovery.” Women Healing Conferences, Hazelden, The Betty Ford Center and The Caron Foundation, San Francisco: November 1999; Chicago: December 1999; Philadelphia: March 2001.

“The Alcoholic Family in Recovery: A Developmental Model”, “What Happens When the Drinking Stops?” and “When Trauma is Normal: Safe Passage for the Alcoholic Family in Recovery.” U.S. Journal Counseling Skills, Las Vegas: September 1999.

“Hope, Health, and Healing for the Family in Recovery.” University of California, The Betty Ford Center, and Patrick MacAfee, Ph.D., Riverside, CA: April 1999.

“Trauma and Addiction.” Lifespan Learning Institute: “Addictions, Recovery, and the Healing of the Self.” Los Angeles: February 1999.

“The Alcoholic Family in Recovery: A Developmental Perspective.” Keynote address. Texas State Commission on Alcoholism, Austin, TX: July 1998.

“Studying Spirituality in Alcoholism and Recovery.” Conference sponsored by NIAAA and the Fetzer Foundation. Washington, DC: May 1998.



“A Developmental Model of Addiction: Integrating Mental Health and Addiction Theory and Practice.” Santa Clara University, Division of Lifelong Learning, April, May and July 1998.

“Treating Addiction and Trauma in Families: A Developmental Perspective.” JFK University, March 1998, February 1999, February 2000.

“Addiction, Trauma and Developmental Arrest.” Addiction and Trauma Conference. New School for Social Research, New York: February 1998.

“An Integrated Model of Psychotherapy for the Addictions: Collaboration Across Disciplines Within A Developmental Frame.” Smithers Alcoholism Treatment and Training Center, New York: February 1998.

“A Developmental Model of Assessment and Treatment for the Alcoholic Woman.” Lewis and Clark College, Professional Development and Research, Portland: October 1998.

“Alcoholism and Trauma: Recovery and Treatment for Addicts and Their Families” Oregon Institute of Addiction Studies and Lewis and Clark College, August 1997.

“Trauma and Addictions: Building Bridges.” The Center for Human Services Training and Development, University of California, Davis, June 1997.

“Treatment of Alcoholism” Family Service Association and University of California, Santa Cruz. June 1997, March 1999, May 2000.

NIHR/ Templeton Foundation Research Development Conference on Spirituality in the Four Clinical Fields: Physical Health, Mental Health, Addiction Disorders and Neuroscience. Leesburg, VA: July 1996, January 1997, July 1997. Invited participant.

“An Integrated Model of Psychotherapy for the Addictions.” Del Amo Hospital, Long Beach, CA: June 1996.

“Hazelden Educational Workshop: A Developmental Model of Assessment and Treatment for the Alcoholic with an Emphasis on Women.” Hazelden, Center City, MN: May 1996.

“Trauma and Alcoholism.” Michigan Training Associates, Ann Arbor, MI: May 1996.

“Group Therapy and Practice Workshop II.” California Physician Diversion Program, San Francisco: March 1996.

“Treating the Trauma of Alcoholism.” Almaden Associates, Palo Alto, CA: March 1996.

“The Process of Recovery for the Family.” San Francisco Psychotherapy Research Group, San Francisco: February 1996.

“Trauma and Alcoholism: An Overview and Comparison of Theory, Treatment and Recovery.” Hawaii Psychological Association convention, Honolulu: Jan. 27, 1996.

“Women and Children: Searching for Recovery in the Year 2000.” Participant in invitational conference sponsored by Hazelden, Center, MN: Dec. 7-8, 1995.

“Group Therapy Theory and Practice Workshop for Professionals Working with Impaired Physicians.” California Physician Diversion Program, Asilomar, 1995, 1996, 1997, 1998, 1999, 2000, 2001.

“Addictions: Drug and Alcohol Training Course.” Los Angeles County Psychological Association. UCLA, November 1995, February 1996.

“Chemical Dependency Group Therapy.” Group Therapy Symposium: Department of Psychiatry and CME, University of California School of Medicine, San Francisco: November 1995.

“Therapeutic Processes of Change within A.A. from a Developmental Perspective.” Presented at conference: New Directions in the Treatment of Addiction: Integrating Spirituality, Psychotherapy and Psychopharmacology. Ross Hospital, Marin County, CA: October 1995.

“A Developmental Model of Recovery.” California State Psychological Association: Substance Abuse Training Workshop. San Francisco: October 1995.

“An Integrated Model of Psychotherapy for the Addictions: Collaboration Across Disciplines Within a Developmental Frame.” Kaiser Permanente Medical Group, Northern California, October 1995

“How the Trauma of Parental Alcoholism Shapes Human Development.” Keynote Address: Moving Beyond Survival: An Educational Conference. Three Rivers Center, Palo Alto, CA: October 1995.

“The Process of Recovery for the Alcoholic Family.” California Association of Marriage and Family Counselors, Santa Clara County, CA: June 23, 1995.

“The Process of Recovery for the Alcoholic Family: A Research Update” 1995 National Conference on Children of Alcoholics. San Diego: February 1995.

”A Dynamic Model of Recovery for the Alcoholic Individual.” The Southeastern Conference on Alcohol and Drug Abuse, December 1994.

“An Integrative View of Psychology and Chemical Dependency: Theory, Research and Practice.” Minnesota Psychological Association and Metropolitan State University, October 1994.

“A Roundtable Dialogue Between Self-Help Groups and Treatment Professionals.” New Jersey Department of Health, Cherry Hill, NJ: October 1994.

“Healthy and Unhealthy Paths to Adulthood: How Childhood Experiences Shape Development” and “The Impact of Major Change on Family Development.” The Sun Club and Women’s Resource Center, Sun Valley, ID: September 1994.

“Developmental Model of Alcoholism Recovery”, Washington County Health Department, Hagerstown, MD, June 1994.

“Short-Term Treatment of Addiction within a Long-Term Developmental Framework of Alcoholism Recovery” and “Couples and Families in Recovery.” Brief Therapy: Essence and Evolution. International Congress, December 1993.

“A Developmental Model. State of the Art in Addiction Medicine.” California Society of Addiction Medicine, Newport Beach, CA: November 1993.

“Long-Term Developmental Process of Addiction and Recovery.” Serenity Lane, Eugene and Portland, OR: November 1993.

“Models of Recovery. A Workshop with Hazelden.” Riverside, CA: October 1993.

“Dilemma of the Wounded Healer: Codependency in the Health Care Setting.” St. Francis Hospital, Topeka, KS: August 1993.

“An Integrated, Collaborative Model of Psychotherapy for the Addictions.” Cape Code Institute, Albert Einstein College of Medicine. August 1993.

MAATI/NACOA 10th Anniversary. Children of Alcoholics and Other Dysfunctional Families. "A Comprehensive Assessment of ACA's" Indiana, PA: July 1993.

"The Developmental Model of Recovery for Individuals, Couples and Families." Vancouver, BC: May 1993.

"Personal Reflections on Alcoholism Treatment and Psychotherapy in Poland." Invited Address, Northern California Group Psychotherapy Society, Asilomar, June 1992.

"A Developmental Model of Alcoholism Recovery." Tucker Pavillon, Chippenham Medical Center, Richmond, VA: November 1992.

"Recovery Sensitive Psychotherapy." National Association of Social Workers, Rhode Island Chapter, Warwick, RI: October 1992.

"Safe Passage: The Trauma and Hope of Recovery for Adult Children of Alcoholics" and "The Developmental Model of Recovery for Individuals, Couples, and Families." Rimrock Foundation, Billings, MT: September 1992.

"Couples and Families in Recovery: A Developmental Model." St. Francis Hospital Medical Center, Topeka, KS: August 1992.

"An Expanded Framework for Assessing and Treating Adult Children of Alcoholics." Harvard Medical School, March 1992.

"Therapeutic Processes of Alcoholics Anonymous." Invited paper. NIAAA Conference, Albuquerque: February 1992.

"Adult Children of Alcoholics: Theory, Practice and Clinical Issues." Spokane, WA: September 1991.

"Alcoholism, Adult Children of Alcoholics and the Transcendence of Self." United States Information Agency and Stefan Batory Foundation. Warsaw and Lublin, Poland: 1991.

"Treating Children of Alcoholics and Adult Children of Alcoholics." University of California, Riverside, MFI Recovery Center and Youth Service Center, May 1991.

"Adult Children of Alcoholism: A Social Movement Charts the Course of Mental Health." California Association of Marriage and Family Therapists. Oakland, CA: May 1991.

"Adult Children of Alcoholics: Theory, Practice, and Critical Issues." Washington State Psychological Association, April 1991.

"A Developmental Model for Recovery." The Isadore Tuerk Lecture, Department of Psychiatry, University of Maryland School of Medicine, March 1991.

"Group Psychotherapy with Adult Children of Alcoholics." Grand Rounds. Department of Psychiatry, University of Maryland, March 1991.

"Treating the Alcoholic: Behavioral, Cognitive and Dynamic Perspectives." and "Adult Children of Alcoholics." U.S. Psychiatric Congress. San Diego: December 1990.

"Adult Children of Alcoholics: A History of the Social Movement and Its Impact on Clinical Theory and Practice." California Society of Clinical Social Work. Carmel, CA: November 1990.

"Group Therapy in Action: A Master Class." San Francisco: October 1990.

"Where are We Going From Here?" National Association for Children of Alcoholics National Convention, Chicago: August 1990.

“Adult Children of Alcoholics.” Cape Cod Institute, Albert Einstein College of Medicine, July 1990.

Short-term Treatment in a Long-term Recovery Process.” Institute for the Advancement of Human Behavior, Advances in Briefer Therapies, San Francisco: April 1990.

“Humor and the Twelve Step Recovery Process.” Betty Ford/Eisenhower Conference, February 1991.

“Humor and the Twelve Step Recovery Process.” Institute for the Advancement of Human Behavior, Laughter and Play, San Francisco: March 1990.

“Treatment and Recovery Processes for the ACA Couple” and “Defensive Adaptation: Consequences of Coping with Chronic Trauma.” U.S. Journal National Convention on Children of Alcoholics, San Francisco: February 1990.

“Treatment of Addictive Disorders” Advanced International Symposium, Colorado Springs: February 1990.

“Adult Children of Alcoholics: A Theoretical Crossroads” and “Couples and Family Issues.” University of California Extension, Irvine: July 1989; Santa Cruz, CA: August 1989 and July 1991.

“Adult Children of Alcoholics.” Oregon Institute of Addiction Studies, Portland: April 1989.

“The Outpatient Treatment of the Alcoholic Patient.” Mount Zion Psychotherapy Research Group, Department of Psychiatry, Mount Zion Hospital and the San Francisco Psychoanalytic Institute Extension Division, March 1989.

“Adult Children of Alcoholics.” Workshop. American Group Psychotherapy Association, February 1989.

Advanced Clinical Seminars: Adult Children of Alcoholics. Institute for Advancement in Human Behavior, Boston: June 1985; Seattle: September 1985; San Francisco: October 1985; New York: April 1986; Chicago: June 1986; Los Angeles: October 1986; San Francisco: November 1986; Toronto: May 1987; Philadelphia: June 1987; Los Angeles: October 1987; San Francisco: November 1987; Seattle: May 1988; Washington, D.C.: June 1988; Los Angeles: September 1988; San Francisco: October 1988; Toronto: November 1988; Pittsburgh: April 1989; Boston: June 1989; Minneapolis: September 1989; Atlanta: October 1989.

“Alcoholism: A Developmental Model of Recovery.” Edgehill-Newport Conference on Alcoholics. Newport, RI: May 1986; Colloquium, Alcohol Research Group, Brown University, Providence, RI: May 1986.

“Cognitive Development in Children of Alcoholics.” National Association of Children of Alcoholics (NACOA) national conference. Washington D.C.: February 1986.

“Children of Alcoholics: Current Research and Emerging Clinical Issues.” Keynote address. Conference on Alcoholism for Long Island, Adelphi University School of Social Work, Long Island Council on Alcoholism, and Nassau County Department of Drug and Alcohol Addiction, April 1985.

“Cognitive Development in the Children of Alcoholics.” California State Psychological Association annual meeting, San Francisco, February 1985.

“Children of Alcoholics.” Grand Rounds. Division of Child Psychiatry, Stanford University Medical School, January 1985.

“The Children of Alcoholics.” Keynote address. New York State Coalition for the Children of Alcoholics, Syracuse University, October 1984.

“A Developmental Framework for Understanding the Adult Children of Alcoholics.” Regional conference. U.S. Drug and Alcohol Journal, Los Angeles, October 1983; Boston: May 1985.

“What is too much Alcohol?”, “Diagnosing Alcoholism,” and “A Model of Recovery. Medical Grand Rounds. Chope Hospital, San Mateo, CA: October, November, and December 1982.

“Alcoholism In the Family: A Family-Based Treatment Plan.” Orthopsychiatric Association annual meeting, San Francisco: April 1982.

“The Adolescent Child In an Alcoholic Family.” and “A Continuum of Recovery.” Eisenhower Medical Center Annual Conference on Alcoholism, Palm Springs, CA: February 1982.

“Mistakes Therapists Make with Alcoholics.” Grand Rounds. Department of Psychiatry, Stanford University, October 1981.

“Families and Alcoholics.” Invitational seminar. Child Psychiatric Institute, Oslo and Bergen, Norway: May 1981.

“Teen-age Alcoholics.” Grand Rounds, Department of Pediatrics, Stanford University, September 1979; Department of Psychiatry, Stanford University, January 1980.

“Defining a Continuum of Recovery in Alcoholism.” Paper. Presented at National Alcoholism Forum, Washington, D.C.: April 1979.

“Interactional Group Psychotherapy with Adolescents on an Inpatient Milieu.” Paper. Presented at California State Psychological Association, Los Angeles: March 1977.